



ABOUT OUR KEYNOTE SPEAKERS

CCSME Annual Meeting Building Community Response to the Maine Opioid Crisis

March 1, 2017 | 9:00 AM – 4:00 PM
Augusta Civic Center, Augusta, ME



Kimberly A. Johnson, PhD
Director of Center for Substance Abuse Treatment (CSAT),
Substance Abuse and Mental Health Services Administration
(SAMHSA)

Dr. Kimberly Johnson was appointed as the Director of SAMHSA's Center for Substance Abuse Treatment (CSAT) in February 2016 and leads the center's activities to improve access, reduce barriers, and promote high quality, effective substance use disorder treatment and recovery services.

Previously, Dr. Johnson was the Deputy Director for Operations of CHES/NIATx, a research center at the University of Wisconsin, Madison that focuses on systems improvement in behavioral health and the development of mobile applications for patient self-management. Dr. Johnson was also co-director of the national coordinating office of the Addiction Technology Transfer Center.

Prior to her move to Wisconsin, Dr. Johnson served for seven years as the Director of the Office of Substance Abuse in Maine. In her work with the State of Maine, Dr. Johnson provided leadership in identifying and treating the opioid epidemic. This included developing plans to reduce misuse and increase access to treatment including medication assisted treatment, and equipping first responders with Narcan. She also served as executive director of Crossroads for Women, a women's addiction treatment agency, and managed community-based intervention and prevention programs and provided counseling for individuals and families as a child and family therapist.

Dr. Johnson's contributions to the behavioral health field have earned her numerous awards – including the Federal DHHS Commissioner's Award for Child Welfare Efforts and the National Association of State Alcohol and Drug Abuse Directors' Recognition for Service to the field of Substance Abuse Treatment and Prevention. Dr. Johnson is a highly regarded thought leader, who has authored a variety of publications on topics important to the addiction and recovery field, including e-health solutions for people with alcohol problems, using mobile phone technology to provide recovery support for women offenders, and new practices to increase access to and retention in addiction treatment. She is co-author of a book on the NIATx Model. Dr. Johnson has a master's degree in counselor education, an M.B.A. and a Ph.D. in population health.

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Nick Szubiak, MSW, LCSW
Integrated Health Consultant, National Council for Behavioral Health

Nick Szubiak has over 15 years of experience in direct service, administration and clinical supervision. As Integrated Health Consultant for the National Council, he provides technical assistance, consultation, and training toward the integration of behavioral health and primary care, SBIRT, and substance use treatment such as medication-assisted treatment

(MAT), and helps organizations utilize data to improve clinical outcomes.

His projects include health homes, population health management, quality improvement, FQHC partnerships with community behavioral health, implementing screening and assessment, coordinating care, working in high-functioning teams, and utilizing measurement-based care. His expertise involves systems change management, with emphasis around the integration of primary and behavioral health care and substance use, and leadership development and supervisory skills.

Nick's training experience fosters both primary care and substance use and behavioral health care providers' successful adaption to clinical and organizational culture change. Nick is an adjunct professor at the University of Hawaii, Myron B. Thomas School of Social Work. He earned his Master's Degree in Social Work from Rutgers University.



ABOUT OUR PANEL

9:35 AM - 10:20 AM Panel Presentation: *Challenges Facing the Behavioral Health Field*



Holly Gartmayer-DeYoung relocated to Maine in 1998 and is currently the CEO, Eastport Health Care, Inc. Her professional experience includes direct patient care in multiple settings, and health care administrative experience with progressive leadership roles in community hospital, nursing home, federally qualified community health centers. Holly holds a BSN from Molloy College and an MBA from LI University and has had 35 + years' experience in the health care field. Additionally, Holly has 10 years of professional nursing experience and has 13 years administrative experience in Maine FQHC's.



Andrew Kiezulas is a 2018 Chemistry baccalaureate candidate, minoring in Mathematics and Leadership and Organizational Studies at the University of Southern Maine where he is also the co-founder of and Student Recovery Liaison for the Recovery Oriented Campus Center (ROCC); a nationally certified Collegiate Recovery Program (CRP). Andrew is also founder and Chapter Lead of YPR-ME (Young People in Recovery), a key member of Portland Mayor Strimling's Substance Use Disorder Task Force, a Community Partnerships for Protecting Children Governance Board Member (CPPC-Maine), Chair of the Board of Directors at Thrive-Maine, an active member of the Portland Recovery Community Center (PRCC), an associate at Nautilus Public Health and the Vice President and Community Outreach Officer for the USM-Chemistry Club. Andrew is very active with policy and advocacy in the State of Maine, has testified numerous times the last 3 legislative sessions, and is passionate about influencing public opinion to re-shape public policy.



Peter G. McCorison has been working in Maine for almost 20 years providing Co-Occurring Services and Recovery Supports. He lives in the part of Maine where the rivers run North and the days are just a bit shorter. Peter is dedicated to the idea that there are many paths to recovery, but all require action. Having worked with people in residential and outpatient settings, as well as the Community, has made Peter realize that all have an important place in the continuum of care.



Michael Mitchell, LCSW, has been the CEO of Crisis & Counseling Centers (C&C) since 2014, where he had previously been the Clinical Director since 2003. Michael has over thirty years of clinical and management experience in the behavioral health field. Many organizations recognize Mitchell as a trail blazer in the behavioral health field, and he has served as a trainer and presenter at conferences in Maine and across the U.S. Additionally, he has written and reviewed training and treatment curricula in areas of children's behavioral health, parent/family empowerment, behavior management and behavioral health staff development. His most recent work is the PATHWAYS criminogenic and HORIZONS substance abuse treatment curriculums designed for intensive facility based programming for individuals incarcerated within the criminal justice system. Hailing from Calais, Maine, Michael received his bachelor's degree in psychology from New York University and went on to achieve a Master of Social Work degree from the same institution in 1986. He is the father of four adult daughters, is an active jazz musician, and lives with his wife, two dogs and two cats in Vassalboro.



Catherine Ryder serves as the Executive Director for Tri-County Mental Health Services (TCMHS) where she has been employed for 25 years. She believes in developing models that align well with the principles of healthcare reform and is passionate about ensuring access, bending the cost curve and reducing stigma associated with behavioral health. She believes integration is critical and that we must develop clinical and fiscal models that are fully sustainable. Catherine is proud to represent an agency noted for its trauma-informed, recovery-based approach to services, and is especially proud of staff who embrace the call of healthcare transformation. Catherine is a Licensed Clinical Professional Counselor with a MS in Counselor Education, a Nationally Certified Counselor, and an Approved Clinical Supervisor. She has completed the certificate program in Primary Care Behavioral Health from University of MA and is a graduate of the Hanley Leadership Development program for healthcare leaders in Maine.



John Yasenck Ed.D., LCPC, LADC, is Associate Professor in the Graduate Counseling and Human Relations Program, Husson University, Bangor Maine. He is also a Maine licensed clinical counselor, licensed substance abuse counselor, and certified clinical supervisor. For twenty years John served as clinical supervisor for the Penobscot Indian Nation Counseling Services and was adjunct assistant professor in counselor education at the University of Maine. In addition to his doctorate in counselor education, John also holds an MA in philosophy from Fordham University. John is on the editorial board for the Association for Spiritual, Ethical, Religious, and Values Issues in Counseling.



ABOUT OUR WORLD CAFÉ HOSTS

1:30 PM - 2:45 PM World Café: *Maine's Response to the Opioid Crisis*



Matthew Braun is 26 years old and has been in long-term recovery from a substance use disorder since 2009. Beginning in his early recovery, he has given talks to a wide variety of audiences including a TEDxYouth talk in 2012. He currently works as a Project Coordinator at the University of New England/Coastal Health Communities Coalition where his role is to promote wellness and prevent substance use among youth. As a volunteer, he leads the Biddeford chapter of Young People in Recovery (YPR), a national, grassroots organization that empowers people in recovery and advocates for support services and social change. In 2016, he was awarded Young People in Recovery's first annual Charles M. Mayr award for "Outstanding Advocate of the Year." Matthew also sits on 2 state-level task forces, the Maine Substance Abuse Services Commission and the Maine Opiate Collaborative. Prior to entering the public health/behavioral health fields, he received his B.S in Human Biology from the University of Southern Maine in 2014. While a student, he also worked at the Wise Laboratory of Environmental and Genetic Toxicology where he studied heavy metal-induced carcinogenesis in human cells. He is now pursuing medical school. He believes people in recovery make the world a better place.



Shelby Briggs is the Coordinator for the C.A.S.H. Initiative (Community Approach to Stopping Heroin). A highly skilled, Alcohol & Drug Counselor, Substance Use Prevention Specialist and Overdose Prevention Specialist, she is dedicated to preventing Substance Use Disorder and helping to reduce the harms caused by SUD. Shelby is a leader in the addiction field and has been the recipient of multiple awards from the State Legislature, Day One, and The Women's Addiction Services Council of Maine, most notably for her work in Youth Prevention, Overdose Prevention, Harm Reduction, and Recovery Leadership. She has a demonstrated record of success working in Substance Use Prevention, Harm Reduction, Treatment & Recovery, and Law Enforcement Diversion programs. She works within a Recovery Oriented System of Care model and believes that this framework, when put to practice, will solve Maine's Addiction epidemic.



Catherine S. Chichester is the Executive Director of the Co-Occurring Collaborative Serving Maine (CCSME). CCSME has been recognized, both in Maine and nationally, for creating system change with respect to services for co-occurring mental health and substance use disorders. Ms. Chichester in her role with CCSME has written, directed and participated in multiple Federal and State funded projects spanning the areas of co-occurring disorders and related areas. Ms. Chichester was a consensus panel member for the CSAT TIP #42 Substance Abuse Treatment for Persons with Co-Occurring Disorders, a landmark national publication. She conducts technical assistance on co-occurring disorders and as a

consultant to JBS International, has provided CSAT State Technical Assistance to Alaska, Arizona and the US Virgin Islands. She is a trained quality improvement NIATx coach. Through Maine Quality Counts, CCSME provided consultant services in partnership with Eric Haram for the implementation of SBIRT in Health Homes and for the expansion of medication assisted treatment in primary care settings. Ms. Chichester is an adjunct faculty member at University of Southern Maine and an intern advisor at the Southern New Hampshire University. Ms. Chichester is an advanced practice nurse with certification as a Clinical Nurse Specialist in Adult Mental Health and Psychiatric Nursing and has a Master's degree in Nursing Administration from Georgetown University. She has a long standing commitment to collaborative responses to address community needs.



Leslie Clark has served as Chief Executive Officer of the Greater Portland Health since October 12, 2010. Greater Portland Health is governed by a patient-majority community Board of Directors working closely with Leslie to meet identified and emerging community needs. Leslie is passionate about creating innovative and high quality services, especially to underserved populations. She holds a Master of Science in Social Work degree from the University of Texas at Austin. Prior to assuming leadership of Greater Portland Health, Leslie served as President and Chief Executive Officer of Community Counseling Center, and prior to that served in chief executive positions in Texas and New

York. Leslie has a deep and diverse range of experience, in both clinical and organizational leadership arenas, as well as advocacy and public policy. Her clinical experience focused on children and women recovering from psychological trauma. In her personal time Leslie gardens, travels the world, sings, hikes, practices yoga, and enjoys time with family and friends and her rescue dog, Miles.



Stephen Cotreau, LADC, CCS, MHRT-C, has worked in the addiction and mental health field for over 20 years. Among his accomplishments include founding a treatment clinic and being the assistant clinical director of a shelter treatment center, however his greatest joy has been running the Portland Recovery Community Center for the past 4 years. The center has grown from 10,000 visits to 40,000 visits a year. He is on the board of Community Partners for Protecting Children. He helped to start and run the Operation HOPE through the Scarborough Police Department, which helps place those with Opiate Use Disorder in treatment. Steve is a member of the

Greater Portland Addiction Collaborative. He consults with 13 police departments on addressing the opiate crisis in their communities. In recent years he has received several awards including the Crossroads Addiction Leader, Scarborough Police Chief's Award and the Shalom House Joseph Brannigan Community Excellence Award. He has said "None of these accomplishments- along with amazing friends, dogs and a wonderful husband would have been possible if he had not entered recovery on April 28, 1990."



Doreen Fournier is Program Manager of Maine Substance Use Prevention Services at the University of New England (UNE). The Maine Substance Use Prevention Services program provides primary prevention services using evidence-based interventions through a network of nineteen agencies across Maine. She has held grant management roles in non-profits including the Vermont Network Against Domestic and Sexual Violence and Coastal Counties Workforce, Inc., and program management roles at the Maine Coalition Against Sexual Assault and the Abused Women's Advocacy Project. Doreen previously served as the Director of Continuing Medical Education at UNE in the College of Osteopathic Medicine.



Bob Fowler, LCSW, CCS, was hired as Milestone's Executive Director in April of 2014. He has over 25 years of experience in behavioral health treatment and administration. Bob earned his MSW degree from the University at Albany, as well as a Master's Degree in Public Policy and Administration from the Muskie School at the University of Southern Maine and a Bachelor's Degree from the University of Vermont. He teaches in the School of Social Work at the University of Southern Maine. He has experience as a case manager, as a psychotherapist, as the director of a mobile crisis team, and as the leader of nonprofit behavioral health programs throughout the northeast. Bob believes that Milestone serves a critical need in the community by providing compassionate, competent

care to individuals experiencing homelessness and addiction, and he feels honored to work with Milestone's staff and clients.



Kim A. Gardner, LPN, BS, CPC, joined Quality Counts as the Quality Improvement Director in 2015. She comes to QC with over thirty years' experience in clinical practice, operations management, business management, and health care delivery. Since joining QC, she has been working on the MaineCare Health Homes (HH) initiative, The Maine Patient Centered Medical Home (PCMH) Pilot, Chronic Disease Improvement Collaborative, Caring For ME initiative and Northern New England Practice Transformation Network. Kim received her LPN at Mercy Hospital School of Nursing in Portland, Maine; BS in Business Administration/Management at the University of Maine Augusta,

Certificate in Health Care Administration from University Maine at Orono and Certification in Coding from the AAPC.



Clay Graybeal, Ph.D., M.S.W., is a Professor in the School of Social Work at the University of New England. He is the Director of a SAMHSA funded SBIRT grant which provides training and education in Screening, Brief Intervention, and Referral for Treatment to students, faculty, and community partners from eight health professions. He formerly served as Director of the School of Community and Population Health, and as Associate Dean of the College of Health Professions. He has published on evidence-based practice and strengths-based assessment, and is currently collaborating with national partners on the validation study of a two instruments: the Provider Alliance Scale and Wellness Rating Scale,

designed to provide real-time patient-centered feedback on the patient/provider alliance in health care.



Kris Hall, MFA, is the Program Manager for the SAMHSA funded SBIRT grant recently awarded to the University of New England to provide training and education in Screening, Brief Intervention, and Referral for Treatment to students, faculty, and community partners from eight health professions. She is also the Program Manager for the Interprofessional Education Collaborative at UNE, working across the university to provide opportunities for health professions students to learn with, from, and about each other. She formerly served as Associate Director for Add Verb Productions, promoting performances aimed at bystander intervention in

the realms of domestic violence and sexual assault, and eating disorders respectively. As part of a faculty team, she has given national and international presentations, and published, on the Inter-professional Team Immersion (IPTI), a unique curricular resource that was designed in response to student requests for small, interactive, cross-professional learning experiences. Kris is a graduate of the Maine College of Art, and a past participant at the Skowhegan School of Painting and Sculpture.



Patty Hamilton has a BS in nursing from the University of Southern Maine and a master's degree in nursing from Husson University. She has been a registered nurse for 15 years and an Advance practice nurse since 2010. In 2014, she was appointed Director of Public Health & Community Services Department. She is responsible for overseeing all department programs and operations including Public Health nursing, Infectious disease, Travel Health & Immunization program, WIC, General assistance and Health Maine partnership Prevention programming. Patty is actively involved in community service, she is current chair of the Community Health Leadership Board (CHLB). The CHLB is a unique collaboration consisting of Healthcare, Public Health and Social Service CEO's focusing on the opiate addiction crisis. Patty also serves on the Governor appointed Treatment Opiate Taskforce. She is a Governor appointee to the Maine Children's Growth council, a Hanley Health Leadership Graduate, and a Dr. John Snow award recipient.



Eric Haram, LADC, is owner of Haram Consulting, a health and behavioral healthcare consulting firm. Haram Consulting offers large and small scale technical assistance for all aspects of strategic planning, workforce development and clinical and business systems design for states, institutions and organizations. In this capacity, Eric is Sr. Field Consultant to the Addiction Technology Transfer Center with Brown University and National Implementation Consultant with the University of Wisconsin-Madison, College of Engineering. Through CCSME Eric provided consultation to Maine Quality Counts implementation SBIRT in Maine's Patient Centered Medical Home and the expansion of Medication Assisted Treatment. Eric also works on Medication Assisted Treatment expansion with the states of Ohio, Mississippi, Texas and West Virginia. Eric recently served as Co-Chair of the US Attorney's Task Force on the Treatment and Prevention of Opioid Dependence, State of Maine. Since 1997, Eric served Maine as a Licensing Specialist, Public Health Educator and Sr. Manager of Corrections for Maine's Office of Substance Abuse and directed behavioral services for Mid Coast Hospital, Mercy Recovery Center and Crossroads for Women. He provides countless hours of advocacy for improved access to addiction and mental health treatment in the Maine State Legislature and was President and Board Chair of the Maine Association for Substance Abuse Programs from 2007-2013. He lives in Coastal Maine with his wife and their two teen-aged daughters.



Rebecca Ireland is the Project Coordinator for the statewide Maine Substance Use Prevention Services initiative managed by the University of New England's Center for Excellence in Health Innovation. Becky is a Certified Prevention Specialist with sixteen years' experience implementing and managing substance use prevention programs at the community and state-level. Her areas of expertise include preventing underage drinking and reducing high-risk alcohol use by college students. She has experience conducting needs assessments, strategic planning, evidence-based implementation with community partners, and program evaluation. Becky served two-terms on the Governor's Substance Abuse Services Commission, is a Board member of the Maine Prevention Certification Board, and has participated in numerous state, regional, and national advisory and leadership groups to enhance and guide substance use prevention efforts.



Sheriff Kevin J. Joyce is a twenty-seven year veteran of the Cumberland County Sheriff's Office. He has spent his entire law enforcement career, which began in September 1986, with the Cumberland County Sheriff's Office. In September 1990, he was promoted to Corporal, and once that position was reclassified in 1998, he assumed the position of Sergeant. In February 2001, Sheriff Joyce was promoted to Captain of the Criminal Investigation Division. December of the same year he transferred to the Captain of the Patrol Division. In 2003, Sheriff Mark Dion appointed him his Chief Deputy, the position he held until being elected the 50th Sheriff of Cumberland County in November of 2010. Sheriff Joyce's education includes graduation from the Maine Criminal Justice Academy in 1987; Associates Degree in Law Enforcement through Southern Maine Technical College; a Bachelor of Science in Business Administration; and a Master of Science in Business Administration through Husson College of Bangor/South Portland. As well, he was selected to attend the FBI National Academy in Quantico, Virginia during the summer of 2004 where he became a graduate of the 218th session. Sheriff Joyce has received many commendations and leadership awards during his career including the distinguished Presidential Valor Award, presented by the Maine Sheriff's Association in 1995.



Sheriff Joel Merry has served as Sheriff of Sagadahoc County since of 2009. Sheriff Merry is a 33-year veteran law enforcement officer who has held leadership roles with various law enforcement and community coalitions. He currently serves as Immediate Past-President of the Maine Sheriffs' Association. Sheriff Merry represents the Maine Sheriffs on a number of groups including the state Methamphetamine Task Force and the Enforcing Underage Drinking Laws (EUDL) Task Force. He previously served as Chair of the State Board of Corrections and most recently he served as the Co-Leader of the Law Enforcement Workgroup on Anti-Heroin and Opiate Initiative for the U.S. Attorney. Sheriff Merry



has a B.S in Business Studies and Organizational Leadership with a concentration in Human Resource Management. Additionally, he has an A.S. in Law Enforcement Technology. Sheriff Merry graduated from the New England Institute of Law Enforcement Management in 2000 and the National Sheriff's Institute in 2012



Deb Poulin, LCSW, CCS, is the Director of Substance Use Treatment and Prevention Programming for Maine Behavioral Healthcare (MBH). With its 30-plus clinical programs and nearly 30 service locations, from York to Norway to Belfast, MBH is one of the broadest behavioral healthcare programs in the state. Debra has worked in the behavioral health and substance use treatment field for more than 20 years. As her interest in clinical work developed, she went on to earn her Master's Degree in 2003 from Boston College Graduate School of Social Work. Debra has worked in a variety of treatment settings to include inpatient, outpatient, crisis, forensic, and Assertive Community Treatment. Debra has a passion for

working with those impacted by substance use, collaborative community work, integrated care and strategic program development. Debra firmly believes that one of the most important roles a clinician plays is to hold the hope for others when they can't hold it for themselves because change begins with hope.



Darren Ripley is a Coordinator at the Maine Alliance of Addiction Recovery since May 2012. Prior to that time, he worked for the Maine Office of Substance Abuse as a treatment specialist. Darren is a Licensed Alcohol and Drug Counselor and Certified Clinical Supervisor having worked at several agencies over the years providing direct service. He is a trainer for Motivational Interviewing, DSAT Facilitation, and Recovery Coaching. Most importantly, Darren is a person in long term recovery from drugs/alcohol/mental illness.



Malory Otteson Shaughnessy has over 25 years of advocacy and public policy experience, at all levels of government. Shaughnessy served as a Cumberland County Commissioner and was a founding member of the Cumberland Public Health District. As Commissioner, Shaughnessy was elected as President of the Maine County Commissioner's Association, as well as the Director from Maine to the Board of the National Association of Counties. She was also appointed by Governor Baldacci to Chair the State Sentencing and Corrections Practices Council. She is currently the Executive Director of the newly merged Alliance for Addiction and Mental Health Services, Maine. Representing over 30 provider organizations, the

merger created the state's largest provider organization focused on a comprehensive and coordinated approach to meeting the needs of individuals and families burdened by the challenge of living with substance use disorders and/or mental health diagnoses. Shaughnessy received her Master's in Public Policy and Management with a concentration in Health Policy from the Muskie School of Public



Service, and her BA in political science and economics from the University of Missouri. She has four grown sons and resides with her husband in Westbrook.



Melissa Skahan, M.A., is the Vice President of Mission Integration at Mercy Hospital. Melissa is responsible for strategy to advance the lived experience of underserved persons in Greater Portland and promoting Mercy Hospital’s mission, vision and values throughout the organization. Melissa’s efforts with the addiction and recovery communities of Greater Portland are seen through her direct involvement as the Executive Director of McAuley Residence and the Lead Coordinator of the Greater Portland Addiction Collaborative (GPAC). The McAuley Residence provides a comprehensive transitional housing program for women with and without children who are in recovery from drug and alcohol dependency and serves

as a model program for the housing component of GPAC, which aims to serve both men and women.



Karyn Wheeler, MBA, PMP, is a certified Project Management Professional (PMP®) by the Project Management Institute. She holds an undergraduate degree from Smith College and a master’s degree in business administration from Thomas College. Karyn has over 10 years’ experience in project management, with more than 8 of those in the healthcare industry. She was previously an implementation manager for Goold Health Systems, a Change Healthcare company, where she was responsible for managing large-scale software implementation projects. Currently, Karyn is the Caring for ME project manager for Maine Quality Counts and has

previously worked on the Maine Chronic Pain Collaborative 2, the Chronic Disease Improvement Collaborative and the Improving Medication Assisted Treatment in Primary Care Collaborative.