

**The Human Rights Imperative for Far, Far
More Choices in Mental Health...**

by David W. Oaks, Executive Director, MindFreedom International

21 September 2012 • Freeport, Maine, USA

**The Human Rights Imperative for Far, Far
More Choices in Mental Health...**

**Other Than Drug, Drug, Drug, Drug, Drug, Drug,
Drug, Drug, Drug, Drug, Drug, Drug, Drug.**

by David W. Oaks, Executive Director, MindFreedom International

21 September 2012 • Freeport, Maine, USA

Thank you to all those in the Maine mental health community
who bravely supported this event including...

**Mary Haynes, Ph.D. • Community Health and
Counseling Services (CHCS)**

**Kate Chichester • Co-Occurring Collaborative
Serving Maine (CCSME)**

**Plus everyone else, especially all mental health
consumers and psychiatric survivors..**

"Innovative Solutions for Building Recovery With
Alternatives to Psychotropic Medications"

Psychiatric survivor activist 36 years

Executive Director
MindFreedom International 26 years
www.MindFreedom.org

Board member:
Oregon Consumer/Survivor Coalition
United States International Council on Disability

David W. Oaks

*Disclosure Required by Conference to Provide
Continuing Medical Education (CME) Credits:*

David W. Oaks, Presenter:

**"I have nothing to disclose with regard to
commercial relationships."**

*... and MindFreedom International is one of the few 100%
independent nonprofits in mental health advocacy today!*



5 May 2012 Boycott Normal Protest

1) **TALK:** Communicate.

Let's unite. Let's stop saying "mental illness" (Google those five words!)



2) **ACTION:** Not just more reform – *peaceful revolution!*

Activism and nonviolent revolution ARE alternatives to over-drugging!

Two Take-Home Points

Who has helped connect academic and professional allies and psychiatric survivors?



The Bridge Builders



MFI 2003 "Fast for Freedom" supporter.

Director of International Society for Ethical Psychology and Psychiatry (ISEPP).

Board member MFI.

Dissident Psychologist

Al Galves, PhD, of New Mexico



Cincinnati, Ohio author of:

Commonsense Rebellion:

Taking Back Your Life from Drugs, Shrinks, Corporations and a World Gone Crazy

Bruce E. Levine, Ohio psychologist



Mom power!



PsychOut v. ECT in Toronto



Historian, activist
and one of the
founders of
Psychiatric
Survivor Archives
of Toronto

Geoffrey Reaume, PhD



What is history of
'mad' academia
and 'mad'
activism
collaborating?

Bonnie Burstow, PhD in Toronto



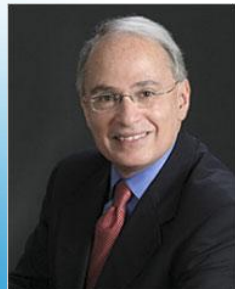
Professor of
Psychology and
Education, Mt.
Holyoke University,
Mass. Expert in "first
person" stories of
psychiatric survivors.

Gail Hornstein, PhD



Graduate student
intern starts
MindFreedom
Academic Alliance

Piers Gooding (Melbourne Australia)



Loren Mosher v. Joseph Biederman

In a nutshell:

- What is psychiatric survivor/mental health consumer movement, and how can anyone we connect?



Sally Zinman

• *Decide.*



• *Act.*

• *Grow*

• *Win*

Community Organizing: Recycle!

Mutual Support Meets Activism



Human 'gears' of people power.



Nothing About Us Without Us!

Motto of cross-disability movement.

Leaders in cross-disability bridge building.



Rae, Justin, Judi, Krista.

Significant victory:

The UN Convention
on the Rights of
Persons with
Disabilities



Celia Brown, MFI President

1 No force.

Stop involuntary and coerced drugging.

2. No fraud.

Full, accurate, clear information about drugs.

3. No fear.

Offer range of humane non-drug alternatives.

3F: Human Rights Framework



McLean Hospital



Bowditch Hall:

- > 1958: Robert Lowell (2 Pulfizers)
- > 1959: John Nash (1 Nobel)
- > 1965: James Taylor (5 Grammys)
- > 1976: David Oaks

My recruiting room at McLean

Google:

Neuroleptic
Brain
Damage



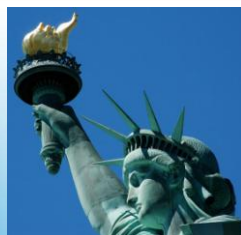
36 years of 'antipsychotics'?

So Many Alternatives:

- Peer supported housing • Warm Lines
- Peer crisis respite • Soteria House
 - Open Dialogue • Ecopsychology
 - Spirituality • Nutrition • Exercise • Art
 - Counseling • Emergency room transformation

All cheaper than dependency, brain damage & death.

- Citizenship = alternative.
- Justice = alternative.
- Freedom = alternative.
- Voice = alternative.
- Equality = alternative.

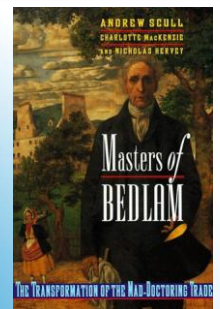


Activism is an alternative!

Learning from history?

*Masters of Bedlam:
The Transformation of the
Mad Doctoring Trade*

By Andrew Scull, Charlotte MacKenzie,
Nicholas Hervey



Reform? Or More?



MFI protests APA

Yes, There Is Forced ECT globally, including USA:

Elizabeth Ellis and Ray Sandford of Minnesota



Forced Electroshock in USA

Gabriel Hadd Issued a Shield Alert:
Escaped Forced Outpatient Psychiatric Drugging by Going Over State Lines



Where is Our CSX Underground Railroad?

MindFreedom Vision:

- Unite for a global nonviolent revolution in the mental health system

Unite to Win



Mental health truth injection

A Few MindFreedom Campaigns:

- Shield:** Alerts and Our Own Media
- Global:** UN, Handbook and Training
- Choice:** Alternatives for Mental Health
- Mad Pride:** Celebrate Our Diversity
- Coalition:** Affiliates and Sponsors
- Electroshock & Human Rights Initiative**

Unite to Win

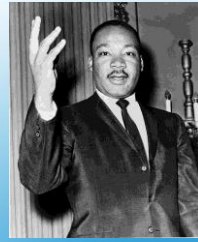
A New
MindFreedom Campaign:

Defy hopelessness:

I Got Better! I Got Out!

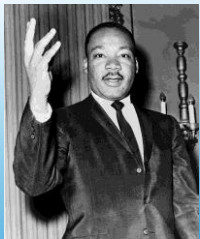


www.igotbetter.org



Human
salvation lies
in the hands
of the
creatively
maladjusted.

Rev. Martin Luther King, Jr.



It may well be that our
world is in dire need
of a new
organization:

"The International
Association for the
Advancement of
Creative
Maladjustment."

MLK on IAACM



What is generally called "normal
behavior" is, based on scientific
studies, causing...

➤ **Global
environmental
catastrophe!**

Proud to be "Maladjusted"

Warning:

Red
Rubber
Nose!



Patch Adams & Gesundheit



Mad Pride Ireland



We Shall Overcome in Oslo, Norway



We Shall Overcome: Norway



MindFreedom Ghana

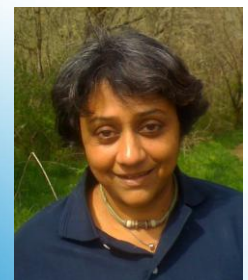


MindFreedom Ghana Mad Pride



Turkish Consumer/Survivors

Pune, India activist
Bhargavi Davar, PhD



Leadership in Developing World



Mexico City psychiatric survivors



Ukraine psychiatric survivors & allies

**Unite Talk & Action!
Ancient Peasant
Rebel Song:**

Die gedanken sind frei

Thoughts are free

Die gedanken sind frei
My thoughts freely flower
Die gedanken sind frei
My thoughts give me power
No scholar can map them
No hunter can trap them
No one can deny
Die gedanken sind frei

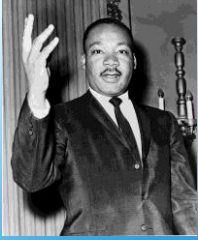
Song: Thoughts are free

I think as I please
And this gives me pleasure
My conscience decrees
This right I must treasure
My thoughts do not cater
To duke or dictator
No one can deny
Die gedanken sind frei

2nd verse: Thoughts are free

And if tyrants take me
And throw me in prison
My thoughts will burst free
Like blossoms in season
Foundations will crumble
Structures will tumble
And freely we cry
Die gedanken sind frei
Free people will cry
Die gedanken sind frei

3rd verse: Thoughts are free



What is your leadership role, globally and locally, in MLK's:

- International Association for the Advancement of Creative Maladjustment?

MLK and You are in IAACM

Thank you to everyone for making this possible.

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