



Military 101: An Introduction to the Structure and Culture of the Military

Dedicated Citizens, Ready Soldiers



AGENDA

- MILITARY STRUCTURE/CULTURE
- OFFICIAL SUPPORT RESOURCES
- STATISTICS

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MILITARY STRUCTURE BRANCHES

- ARMY
- NAVY
- MARINE CORPS
- AIR FORCE
- COAST GUARD

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MILITARY STRUCTURE, COMPONENTS

- ACTIVE
 - RESERVE COMPONENTS:
- NATIONAL GUARD
- RESERVES

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SOME ASPECTS OF MILITARY CULTURE

- ROMANTICISM
- RESILIENCE
- SELF SUFFICIENCY
- CRITICAL
- SARCASTIC
- HUMOROUS
 - MURPHY

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COMMON MISCONCEPTIONS OF MILITARY CULTURE

- MONO-PARTISAN
- ROBOTIC
- VIOLENT
- INTOLERANT
- BULLYISH
- STUPID

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BARRIERS TO HEALING

- NON-ACKNOWLEDGEMENT OF PAIN/INJURY
- FEAR OF LOSING JOB
- FEAR OF RIDICULE
- FEAR OF BEING VULNERABLE
- FEAR OF NOT BEING IN CONTROL

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THE EFFECTS OF BATTLEFIELD STRESS

PERCEPTION VS. REALITY

THE NATURE OF THIS TYPE OF WAR

Constant Stress

Unclear Enemy

Contentious at home

**THE NECESSITY OF “STUFFING IT” (Old
food in the cupboard)**

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RESOURCES, ACTIVE

- MILITARY TREATMENT FACILITIES
- MEDICAL PERSONEL/BRAIN INJURY EXPERIENCE
- COMBAT STRESS TEAMS (while deployed overseas)
- CHAPLAINS
- FAMILY SUPPORT

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RESOURCES, RESERVE COMPONENTS

- DEPENDS ON THE STATE
- DEPLOYMENT CYCLE SUPPORT; YELLOW RIBBON
- MAINE MTBI SCREENING INITIATIVE
- PDHA; PDHRA
- VA; VET CENTERS
- VETERANS' SERVICES
- MILITARY ONESOURCE
- PRIVATE; TRI-CARE or OTHER in other words:

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YOU!!!!

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RESOURCES, RESERVE COMPONENTS

MAINE MILITARY &
COMMUNITY NETWORK

1 888 365 9287 (FMLY CTR)

24/7

MaineMCN.org

GOVERNOR'S MILITARY &
COMMUNITY LEADERSHIP
COUNCIL

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Maine has approximately 7,000 active service members + several active soldiers who have retired here or call Maine their HOR

Army Guard	2,100
Air Guard	1,000
Army Reserve	300
Navy	2,000
Naval Reserve	250
Marine Corps Reserve	160
Coast Guard	400
Active	940

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At a rate of approximately three dependants per service member, that is about 21,000 Mainers who have a direct connection to our security as a nation and who face the constant stress of Deployment and ReDeployment

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The Situation

There are 1.3 million Mainers

There are 154,000 Veterans

Only 45% use Veterans Benefits

Only 35% are eligible for all that VA provides

Family Members are not eligible for VA
benefits

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